

Curriculum Vitae



PERSONAL DETAILS

Name: Matej Oswald
Date of birth: 14.04.1993
Place of birth: Maribor, Slovenia
Nationality: Slovenian

EDUCATION And EXPERIANCE

10/2012 – 9/2015	Faculty of Electrical Engineering and Science, University of Maribor
Since 12/2015	Independent Supervisor at Herbalife Nutrition
Since 09/2016	Gym owner and Trainer at DreamGym Slovenia
Since 03/2017	Nutrition and Longevity Coach
Since 05/2017	Gym owner and Trainer at DreamGym Germany
Since 07/2020	Life Coach Certification
Since 01/2021	CEO of KSDRsports

About me

Hi, my name is Matej Oswald, and I come from Slovenia and have been living in Germany since 2017. My journey as a talented athlete started when I discovered football at age 4. One of my dreams came true relatively quickly in 2008, when I was able to play for the Slovenian national team at the Olympic Games in San Francisco. I had a professional contract until I was 19. The journey goes on with a plan b in case of injuries and I started studying electrical engineering. But my passion has always been sport, performance and the energy behind it. After graduating I decided that I am going to start my own business and created 2 gyms with my partners. The second one was located at Germany and motivated me to emigrate to Germany. Since then, I have been working as a coach and showing people where the energy really comes from, including body, mind and soul. I am very grateful for this, as my vision is to make the world healthier, happier and more energetic.

My professional activities follow the principle of predictive, preventive and personalized medicine (PPPM/3PM). Therefore, I am glad to promote multi-faceted 3PM related activities in Slovenia and Germany