

Luiza Spiru, MD, PhD

is Professor of Geriatrics and Gerontology at Carol Davila” University of Medicine and Pharmacy and beginning with 1999, the Head of the Geriatric and Geronto-Psychiatry University Department, to Ana Aslan National Institute of Geriatrics Gerontology (1999-2003) and “Elias” University Emergency Hospital in Bucharest (2003 – in present).

After doctorate (1997) she acquired multiple specializations in Molecular Medicine, Geriatrics Gerontology and Old Age Psychiatry and therewith several competences in: Cell Biology, Neuro-Psycho-



Pharmacology, Abdominal and Heart Ultrasound-Investigations, IT in medical services, Standardized Geriatric Evaluation, Diagnosis and Treatment of Memory Impairment Diseases, Differential Diagnosis of Alzheimer Dementia’s and other related Dementia, Health Services Management, MBA - British Council, Leadership Management International - Effective Personal Productivity, Texas USA.

As president of “Ana Aslan” International Foundation and “Ana Aslan” International Academy of Anti-Aging (from 2000), she has founded and developed two centres of Longevity and Brain Aging Medicine in Bucharest: The Memory Clinic in 2003 and “Ana Aslan” International Clinic for Longevity, Healthy Aging and Brain Aging Prevention in 2008. Within the health centres, Prof. Luiza Spiru sustains managerial, educational, editorial and research activities by coordinating projects of research and development, editing the Brain Aging International Journal and organizing numerous scientific events in the field of Cognitive Impairment, Dementia and Brain Aging Research.

She is the author of 3 treatises on Geriatric medicine, 6 guides on the diagnosis and treatment of Alzheimer’s disease and related dementias, 85 published studies in international journals and book of proceedings. Within scientific events she has sustained 110 oral communications as invited speaker and over 150 posters.

Prof. Luiza Spiru fulfils important responsibilities in ongoing research and development projects (EADC, ICTUS, DESCRIPA, K4CARE, SHARE-it, POS-DRU) and has a major involvement in clinical research studies in the field of Clinical Aging Research, Epidemiological Aging Research, Cognitive Disorders, Memory Impairment and Dementia, Geriatric and Gerontoprophylaxy, Geronto-Psichiatriy, Physiotherapy and Occupational Therapy, Social Science, Health economy and Drugs trials, Longevity and Brain Aging Medicine, Ambient Assistive Living, Aml ( Ambient Inteligence Living).

Since 2001 she is recognized by the European Alzheimer’s Disease Consortium as an international expert in Cognitive Impairment and Dementia.

Prof. Spiru activates also as organizing committee chair in 6 renowned international events and faculty member of 6 international events on continuing medical education. She is the founder member of 4 international societies and member of 20 professional international organizations. She is Advisory Board Member for Pharma Companies in the CNS field since 2005.