

Prof. Olga Georgievna Safonicheva MD.
I.M. Sechenov First Moscow State Medical University
Trubetskaya – str.8-2 Moscow 119991, Russian Federation,
Phone/Fax: (495) 622-96-99,
email:safonicheva.o@mail.ru



Olga Georgievna Safonicheva is Doctor of Medical Sciences, Professor of the Department of Integrative Medicine, Institute of – Post Graduate Education for Doctors, I.M. Sechenov First Moscow State Medical University (I.M. Sechenov University). MBA. Institute of Advanced post-Graduate Education in Medical and Social Rehabilitation, Moscow.

Prof. Olga G. Safonicheva is an author of more than 60 scientific publications, including 2 monographs with more than 370 citations in available literature. H-index is 9. Prof. Olga Safonicheva is a member of the International Academy of Authors of Scientific Inventions and Discoveries (author of 6 patents). She was awarded by a Medal of A.S. Popov "Excellent in Invention" for contribution to the development in integrative medicine. She is the Member of Dissertation Council of I.M. Sechenov First Moscow State Medical University.

Education

Olga G. Safonicheva graduated from the State Krasnodar Medical University, Faculty of Internal Medicine in 1987, Russia. She took her Degree “Doctor of Science” in 2007 at Moscow State Medical University, Faculty of Integrative Medicine with the Doctoral thesis: “Rehabilitation of structural and functional disorders of the musculoskeletal system (pre-clinical diagnosis and complex treatment for emotional / stress – induced disorders)”.

2008-2010 – European Institute of Personalized Medicine, Nice, France.

2002 PhD thesis “Combined Therapy of Myofascial Pain Syndromes in Post-traumatic Arthrosis Deformans of the Knee Joints” at Moscow State Medical University,

1992-1994 - Postgraduate Fellowship at State Institute of Post-Graduate Education for Doctors, Novokuznetsk, Department of Neurology and Traditional Medicine.

1987-1988 – Internship in Therapy, Tuapsinsky Central Regional Hospital.

Certification: 2019 – Certificate in Rehabilitation. National Research and Scientific Center for Rehabilitation and Physiotherapy, Ministry of Health, Russian Federation.

2017 – Certificate “Teacher of Higher School”, I.M. Sechenov First Moscow State Medical University (I.M. Sechenov University).

2017 - Certificate in Reflexology, in Osteopathy, I.M. Sechenov First Moscow State Medical University (I.M. Sechenov University).

2016 – Certificate in Functional Diagnostics, I.M. Sechenov First Moscow State Medical University (I.M. Sechenov University).

2015 - Certificate in Neurology, I.M. Sechenov First Moscow State Medical University (I.M. Sechenov University).

2014 – Certificate in Physiotherapy, I.M. Sechenov First Moscow State Medical University (I.M. Sechenov University).

Prof. Olga G. Safonicheva is the expert in HealthNet Project (National Technological Initiative) in The Agency of Strategic Initiatives, Moscow.

Prof. Olga G. Safonicheva is the member of Professional Societies:

European Personalized Medicine Association (EPMA);

Federation of European Neuro Science (FENS).

European Innovation Partnership on Active and Healthy Ageing (EIP on AHA)

Association of Interdisciplinary Medicine

Indian Society for the Pain Research and Therapy (ISPRAT)

National Academy of Active Longevity

Grant:

2018- 2019. Vladimir Potanin Foundation: New Master’s Program in Public Health “Personalized Health Management and Active Longevity” in First Moscow State Medical University.

Hospital Appointments:

2005 - present. University Clinic №1. I.M. Sechenov First Moscow State Medical University.

2001 - 2005. Central Specialized Clinic of Rehabilitation and Physical Medicine, Moscow.

1997 - 2001. F. Dzerzhinsky Central Clinical Sanatorium, Sochi, Clinical base of the State Krasnodar Medical University. Department of Physiotherapy and non-drug methods of rehabilitations.

1992 – 1997. University Clinic №1. State Institute of Post-Graduate Education for Doctors, Novokuznetsk. Department – Neurology and Traditional Medicine.

1988 - 1992. Central City Hospital, Clinical base of State Institute of Post-Graduate Education for Doctors, Novokuznetsk. Department of Pulmonology.

The research of Prof. Olga G. Safonicheva is focused on non-specific stress-reactions of the body and early preclinical diagnosis of non-communicable diseases, she is specialized in in diseases prevention and healthy longevity, Her study is devoted to understanding the common mechanisms of diseases, their relevance in co-morbidities and development of evidence-based complementary treatments; understanding causative mechanisms in multimorbidities combining mental and non-mental disorders. Prof. Olga Safonicheva was the Scientific Director of Pilot Project «Complex interdisciplinary rehabilitation and socialization of the children with mental and behavioral disorders» (Interdisciplinary Project between Department of Education and Department of Health). She learned the brain plasticity, the role of birth trauma and brain hypoxia in development of mental disorders and worked out the program of non-drug therapies to correct cerebral metabolism in the children. Prof. Olga G. Safonicheva is in the team of Organizing Committee of the International Conference "Handling plasticity and reorganizing the human brain for people with intellectual disorders/ASD: Best practices in correcting (culture, education, innovation technologies and play) via therapeutic intervention", Cyprus.

Prof. O.G. Safonicheva has been a speaker of Russian and international Conferences in Neuroscience, Integrative Medicine, Active and Healthy Ageing, Longevity, Rehabilitation in Italy, Brussels, Germany, India, Cyprus, Denmark, UK, etc.

The main publications are:

General report and recommendations in preventive, predictive and personalized medicine 2012: White papers of the European Association for Predictive, Preventive and Personalized Medicine. Golubnitschaja O., Costigliola V., Benini A., Kastrup J., Berliner L., Boecker H., Yeghiazaryan K., Bowis J., Bubnov R., Butler P., Roelandse M., Cafiero C., Chan W.S.H., Characiejus D., Coelho J., Danesi R., Rovigatti U., De Meester F., Desiderio D.M., Dimitrov D. et al. The EPMA Journal 2012. T. 3 №1. – Pp. 78-80.

Theory and Practice of Restorative Medicine. Safonicheva OG, Khadartsev A.A., Eskov V.M., Kidalov V.N. Monograph. Moscow. 2006. Moscow – Tula. 198 p.

The objectives of development of the medical scientific platform "Preventive Environment": technological solutions. Safonicheva OG, Martynchik S.A. Successes of the modern science. 2015. №3. Pp. 102-106.

The Human Lymphatic System. New approaches to the diagnosis and correction of non-communicable diseases. International Journal of Applied and Fundamental Research. 2015. № 12 (6). Pp. 1080 – 1083.

New International Education Project in Preventive, Predictive and Personalized Medicine. Safonicheva O.G. The EPMA Journal, 2014. T.5. № 51. P. 20.

Philosophical and Methodological Principles of Inclusive Training. Baksansky O.E., Safonicheva O. G. European Journal of Philosophical Research. 2015. №2 (4), P. 56-65.

The Pole of Stress in Implementation of Chronic Fatigue Syndrome. Integrative Approach to Correction of Postural, Cognitive Disorders and Cerebral Metabolism. Safonicheva O.G., Safonicheva M.A., Glotov A.S. The EPMA Journal. 2014. T. 5. № S1. P. 149.

Non-drug Technologies of Brain Plasticity and Inter-Hemispheric Restoration in Children with Intellectual Disorders. Safonicheva O.G., Syazina N.U., Rakhmanina I.N. Scientific Review. Medical Sciences. 2017. №1. Pp. 73-78.