

Motivation Letter

PPPM is the medicine of the future as was acknowledged even by former US president, Barak Obama, when he announced the Precision Medicine Initiative in 2015. It is clear to all that paradigm change is needed in the medicine world and that today's treatments need to be modified. An innovative approach which stratifies the population and treats every person according to his own individual profile instead of treating him simply as the average patient is surely the next step in the evolution of medical care.

Another blessed trend is the treatment and guidance of healthy yet at risk individuals before the onset of their disease. Treatment in individuals which present sub-optimal conditions but not yet pathological ones can benefit the patient specifically and the health care system as a whole by preventing discomfort and reducing the cost of treatments needed.

Predictive diagnostics, targeted prevention and individualized patient profiling are universal and cross country approaches that can be beneficial to practically every field in medicine as represented by the various fields represented in EMPA. Having this frame of EPMA is a fantastic ground in which international collaborations can sprout. Being a part of those noble and novel efforts as an EPMA-YPS member will be an honor and a privilege for me and I will do my best to promote those ideas among the medical community in Israel.

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